



Career Navigator Program Counseling Activities

To achieve a more meaningful experience that will be a building block to grades 9-14+ career exploration, we are asking schools to complete three highlighted activities at the school before, during and after their visit to South Central College. We will be using the [MINNESOTA STATE CAREERwise Education](https://www.mnscu.edu/careerwise) website and **Step 1 - Assess Yourself** of the [MyMnCareerPlan Workbook](#) for this portion of the program.

Pre Day 1: High School Activity - Interests

- a. Explain what students can expect at the two SCC visit days
 - o Identify what we hope students will accomplish
 - o Introduce students to the six Career Fields in the [Career Wheel](#)
- b. Complete [Career Cluster Interest Survey](#)
- c. Students will see which career clusters match their interests:
careerwise.mnscu.edu/careers/clusters
- d. Complete page 5 of the [MyMnCareerPlan Workbook](#)

Day 1 Visit on SCC Campus

- a. Guest speaker – Luke Greiner, DEED Regional Labor Market Analyst
- b. Topic = Career exploration and to share three main points:
 - o We are in a new labor market
 - o Academic + technical skills leads to a competitive edge
 - o Guided pathways

Pre Day 2: High School Activity - Skills, Aptitudes & Work Values

- a. Complete **Skills Assessment**: careerinfont.net
- b. Complete **page 6** of the [MyMnCareerPlan Workbook](#)
- c. Complete the **Matching Skills to Occupations Exercise**: [myskillsmyfuture](https://myskillsmyfuture.com)
- d. Complete **pages 7-8** of the [MyMnCareerPlan Workbook](#)

Day 2 visit on SCC Campus

- a. Guest speakers – Bukata Hayes and Kuma Takamura, Greater Mankato Diversity Council
- b. Topic = Career Pathways and Diversity/STEM Equity

Post Day 2 Wrap Up High School Activity: Putting it all Together – Your Career & Education Plan

- a. Complete page 9 of the [MyMnCareerPlan Workbook](#)
- b. Update [MyMnCareerPlan Matrix](#) on page 35 of the [MyMnCareerPlan Workbook](#)